

A year long mentoring program to support you to make what you want from a sense of purpose rooted in self - sustainability and creative agency.

The Pure Creation Program tracks potent points in the solar year and is about listening to the intrinsic laws of how

creation happens in

nature, to help us grow what we want from a place of enjoyment and sustainability.

You will learn self mentoring tools, how to work with unconscious influences, imaginative resources, ritual, how to listen to your own wise council and receive the council of wise ones.

You will learn to refine your somatic sensitivity, become more intuitive with the wise council of the planet and lean into the resources of the group in your quest to create what you want to make in and with the world.

We meet monthly one on one and monthly as a

group over a 12 month period.

The aim of the year is to support you to identify your unique offer and bring it to the world from a place of integration, self sovereignty and planetary honouring.

Dates, pricing and application info below.



THE PURE CREATION PROGRAM

WHAT YOU GET:

- 12 x 60 min one to one sessions with Rachel
 (1 per month around your schedule)
- 9 x 90 minute group workshops held by Rachel.
- 3 x 4 or 5 day live group retreats around the equinoxes & midyear solstice, for beta testing your ideas in a safe environment
- 50% off all my online courses during 2023.
- 2 x bonus one-to-one mentoring sessions.
- up to 4 extra one to one sessions at 1/2 price to be used within the 12 month period.
- Promotion of you and your offer through my networks at the conclusion of the program.
- Copy, branding and marketing support.
- Ongoing group & private support via Slack & Signal
- Regular Private Co-work spaces.
- Peer support through out the year.

DATES*

LIVE WORKSHOPS:

Spring Equinox: 28 March - 1 April Monday - Friday In Person Residential Usually woodland Sussex UK

Summer Festival:
26 June - 30 June
Monday - Friday
Online & / or in person.

Autumn Equinox:
19 September - 23rd
Tuesday - Friday
Online

Dates are approximate and may change around the group's availability.

WORKSHOP THEMES*

January: Welcome. Check in. Story share. contracting. The fertile void. Dreamwork (online workshop)

February: Coming out of winter - What am i seeding? Journeying. (online workshop)

March: Heeding the call. Coming out of the darkness. Discovering unseen allies. Roles models. Inner Mentor. (Spring live)

April: Open group sharing (online)

May: 360 degree feedback, gift exchange and hot-seating ideas. (online workshop)

June: Putting it out there: Having a go. Risking something that matters. Building the bus as you drive it. Practicing failure. (Summer Live)

July: Open group sharing (online)

August: Standing bravely in my offer. Embodying sustainability in self / my idea / community / planet. (online workshop) **September:** Material resources. Harvesting. Reviews. Branding. Money. Pricing. Reaching an audience. (Autumn Live)

October: Open group sharing (online)

November: Review of the year. What to keep, what to let go of. Coalescing. Future Visioning (online workshop)

December: Saying good bye. Practicing endings. Letting go of doing. Gifts. The void / bardo resource. (online workshop)

* Themes adapt through the year around the needs of the group. Optional additional workshops according to group desire (additional fees apply).

THIS PROGRAM WILL SUPPORT YOU TO:

- have your own back
- · identify your gift
- hone your offer
- be visible in a way that feels in integrity and has impact
- develop your unique style
- discern /act on healthy collaborative opportunities
- be juicy with it

PEOPLE SAY:

'Rachel seamlessly weaves the numinous and the deeply grounded together to provide a place for deep exploration. There is no bullshit here, just honest, truthful and sensitive spaceholding.'

Sara Duigou

Organic Intelligence Coach, Embodiment Practitioner

'With Rachel's support, I have cultivated a deep connection with my creative potential, befriending my insecurities and vulnerabilities. I feel much more courageous in offering my work to people, free from 'predefined' forms, labels and ideas. It has become clear to me what areas of work I want to exist in, what audience I want to engage with, while remaining rooted in the connection with myself.'

- Sandra Gojić

Embodiment Trainer, Movement Teacher

'This work is rich, full of soul, deep and beautifully generative. (Rachel) helps you descend into your own creative



nourishment and then supports you to give rise to that which wishes to be born specifically through you'.

Erika Chalkley

Coach & Facilitator - Your Right To Be

HOW DO I KNOW IF THIS IS FOR ME?

THIS COULD BE FOR YOU IF:

- you're not sure what your gift is yet and want support discovering it.
- *or* you know what you want to make, and want some structured support to move it forwards.
- you want to do more of what you love and feel better while you're doing it
- you'd like to feel less isolated in what you're doing and welcome group support and feedback.
- you like to be held by a structure whilst following your flow.
- being in a group will help you be more accountable.
- you want to transform your relationship with how you create what you create.

FEES

£209 per month payable on the 1st of the month

4 x payments £600 paid quarterly

£2300 upfront.

(Estimated value for the 12 months is £3800. Fees do not include travel, accommodation & food on the retreats. Please make allowances for this.)

The first £209 is a deposit which confirms your place. Due no later than the 21st December 2021.

Second payment / balance is due 1st Feb 2022.

Alternative payment plans are possible. Concession places available where possible.

Max size 6 - 8 souls.

OTHER PACKAGES

MENTORING &/OR SOMATIC COACHING

Single ad-hoc session: £120 p/h 6 x 60 min mentoring or somatic coaching sessions to be used within 6 months at what ever frequency you choose: £600 upfront.

12 x 60 min online sessions - mentoring and / or somatic coaching - to be used within 12 months at what ever frequency suits you.

TO APPLY FOR THE MENTORING PROGRAM:

£1150 upfront.

Applications are now open
To apply, please fill out this form
and return it to us before the
11th December.

If your application is successful we will reach out to you to organise a quick zoom chat to explore if we are a match. This is a small group program and a year is a long time! So we want to do everything we can to ensure a healthy group chemistry.

Deadline for application:
11th Dec 2022

Announcement of places:
18th December 2022

I'm looking forward to hearing from you.

Please note that the Pure Creation program assumes a level of personal resourcefulness and capacity.

Receiving support to move into our gifts and reconnecting with Quest can stir up our 'stuff', so having some form of contemplative practice or therapeutic support through this process is highly recommended.

Although this program may have therapeutic benefits, it is not a replacement for therapy.

Photo Credits - Japanese Anime Dragon watercolour from **Awesome Anime**.

Sparklers - Warren Wong Tree roots - Jeremy Bishop Nurturing Hand - Ravi Roshan

